

## CWSF 2007 - Truro, Nova Scotia



### Bethany Hoffe

#### What's The Beef?

- Division:** Life Sciences / None  
**Category:** Intermediate  
**Region:** Western Newfoundland  
**City:** Corner Brook, NL  
**School:** G.C. Rowe Junior High School  
**Abstract:** This project measured the fat content in lean and medium ground beef using the Babcock Method and home frying pan method. Lean ground beef was found to have the lowest fat content using both methods. Extended testing comparing results for the leanest ground beef to similar samples of ground moose meat found the moose to have the lowest fat content of all samples tested.

#### Biography

I am fifteen and a student at G.C. Rowe Junior High in Corner Brook, NL. In terms of academics, my favourite subjects would have to be science, social studies, and English. I feel that there is a common element in each of these subjects, because they all involve a type of investigation. I enjoy discovering things about the world around me, and learning interesting things about the creatures that share this planet with us. I enjoy collecting wonderful facts about things we use every day. I enjoy music and theater. I take voice lessons and I am a member of the band and the drama club at my school. At this point I am undecided about my future, but I feel that if it does not take me in the direction of investigative journalism, I will enroll in studies in performing arts. Community involvement is also a big part of my life. I initiated an after school tutorial program for kids at my former elementary school. I also run the "Kraffy Kids" activity sessions at the Kinsmen Prince Edward Park in Corner Brook during the summer. To me, life is meant to be lived as a full participant--not as a bystander!