

# CWSF 2008 - Ottawa, Ontario



## Nicole Palmer

### Subway Productivity Time Study

**Division:** Health Sciences / None

**Category:** Senior

**Region:** Annapolis Valley

**City:** Berwick, NS

**School:** West Kings District High School

**Abstract:** This project monitored the productivity, effectiveness and efficiency of the restaurant, Subway. It was found that time requirements to make a sub are not being met, and solutions like the Vegetable Preparer were suggested in attempts to speed up the process. The data was collected using a calibrated stopwatch, and was analyzed using the Microsoft Excel program.

#### Biography

I am Nicole Palmer, the eighteen year old daughter of Cynthia and Stephen Palmer. I live in small town Berwick, Nova Scotia; with my three sisters and one brother, only one of which is older. West Kings District High School is where I attend school, for only another two months, and then I plan to obtain a post secondary education. I enjoy playing sports, mostly soccer and softball. I am also a member of the Student's Council where I am acting as an Athletics Executive. Camping is one of my favorite past times and I do so through the Scouting movement, where I just recently received my Queen's Venturer Award. As well, I was in my school's performance of Grease, where I was the character Betty Rizzo.

#### Awards

#### Value

Petro-Canada Peer Innovation Award - Senior - Atlantic	\$200
Sponsor: Petro-Canada	
<b>Total</b>	<b>\$200</b>