



## CWSF 2009 - Winnipeg, Manitoba



## **Elizabeth Hass**

## Health is in Your Hands - Hand Hygiene in a School Setting

Division: Life Sciences / None

Category: Junior

**Region:** Chinook Country City: Calgary, AB

School: Red Deer Lake School

**Abstract:** Health is in Your Hands: Hand Hygiene in a School Setting examined the

most effective hand hygiene method in a school setting. Hand washing and hand sanitizing were tested to determine which method could effectively reduce bacterial counts on hands. Results show that hand hygiene in general is effective. Hand washing and hand sanitizing are statistically

significant at decreasing bacterial counts on students' hands.

## **Biography**

Elizabeth Hass is a Grade 8 student at Red Deer Lake School. She participates in Leadership and the school play and manages the girls volleyball team. Her favourite subjects are math and science. Elizabeth loves animals and tends to many at her house including horses, dogs, cats, kittens and a lizard. She would like study to become a veterinarian, marine biologist or a teacher after high school.





