



## CWSF 2009 - Winnipeg, Manitoba



## You are What You Eat

Division: Life Sciences / None

Category: Junior

Region: City: School:

**Abstract:** Experiments based on Snell's Law of Refraction were conducted to

quantitatively and qualitatively investigate the highest quality produce from local test sites. Over two thousand tests were conducted on produce and over five hundred participants completed a consumer questionnaire. Results concluded, the highest nutrient values in produce, were found in home gardens. Awareness is needed to ensure consumers are obtaining

the highest quality produce available.

Awards	Value
The University of Western Ontario Scholarship	\$1 000
Bronze Medallist - \$1000 Entrance Scholarship	
Sponsor: University of Western Ontario	
Bronze Medal - Health Sciences - Junior	\$300
Sponsor: Canadian Institutes of Health Research	
Total	\$1 300



