



CWSF 2010 - Peterborough, Ontario



Elise Tessier

Can Stress Bring Out The Best?

Division: Life Sciences

Category: Senior

Region: Annapolis Valley **City:** Berwick, NS

School: West Kings District High School

Abstract: Spinach was grown under different light intensities and durations to

determine if bioactive compounds can be enhanced, without compromising crop yield. Results concluded bioactive levels can be positively affected without decreasing quantity. Findings could potentially lead to tailoring plants to combat many diseases, including some cancers. Some bioactive compounds, including those with antioxidant functions, could be increased

for the needs of specific populations.

Biography

I attend West Kings District High School, in Nova Scotia. I participate in many activities in my school and in my community. I enjoy all sports including hockey and ballet. During the school year, I work at an after school program for elementary aged students. The arts are also an important part of my life. I volunteer as a Special Olympics swim coach. This will be my fifth and final CWSF. In past years, I have won several awards. I am looking forward to visiting Peterborough. I love to travel and I am looking forward to teaching French and science in Switzerland again this summer. I recently was awarded the Toyota Earth Day Scholarship. Next year, I will be attending university to study science.

Awards	Value
The Actuarial Foundation of Canada Award - Senior	\$1 000
The Manning Innovation Achievement Award	\$500
Sponsor: Ernest C. Manning Awards Foundation	
Dalhousie University Faculty of Science Entrance Scholarship	\$4 000
Senior Gold Medallist - \$4000 Entrance Scholarship	
Sponsor: Dalhousie University, Faculty of Science	
UBC Science (Vancouver) Entrance Award	\$4 000
Senior Gold Medallist - \$4000 Entrance Scholarship	
Sponsor: The University of British Columbia (Vancouver)	
University of Ottawa Entrance Scholarship	\$20 000
Senior Gold Medallist - \$20,000 Entrance Scholarship (\$5,000 each year	
for 4 years)	
Sponsor: University of Ottawa	
The University of Western Ontario Scholarship	\$4 000
Gold Medallist - \$4000 Entrance Scholarship	
Sponsor: University of Western Ontario	
Gold Medal - Life Sciences - Senior	\$1 500
Sponsor: Pfizer Canada	
Total	\$35 000



