



## ESPC 2010 - Peterborough (Ontario)



## Let the "D" Shine In

**Division:** Internationale

Catégorie: Junior

Région: Ville: École:

Sommaire: Vitamin D protects against diseases such as colon cancer, rickets,

osteoporosis, depression, breast cancer, and diabetes. It regulates blood levels, improves the immune system and helps in the absorption of calcium. University of Calgary study reports 97% of Canadians are vitamin D deficient at some point of the year. I investigated whether students in my

area are getting enough vitamin D from the sun.

Prix	Valeur
Mention honorable - Sciences de la santé - Junior	100,00\$
Commanditaire: Instituts de recherche en santé du Canada	
Total	100.00 \$



