

CWSF 2005 - Vancouver, British Columbia



Dana Huffman, Devon Huffman

The Darkness Effect

Division: Health Sciences

Category: Intermediate

Region: Sahtu

City: Norman Wells., NT, Norman Wells, NT

School: Mackenzie Mountain School

Abstract: This study attempted to find out if the darkness of northern winters affects the physical or mental well being of people who live there and to identify what can be done to help northern residents cope with the long winter darkness.