



## ESPC 2010 - Peterborough (Ontario)



## **Biographie**

My name is Leona Traverse, and i'm in grade 7. 13 years old, i'm from Little Saskatchewan First Nation. I like listening to music and playing sudoku puzzles. My favorite subject in school is Social Studies & Saulteaux & Science, I like being with my friends and family.

## Leona Traverse

## Gender, Exercise, and Heart Rate

Division:	Internationale
Catégorie:	Junior

Région:	Manitoba First Nations
Ville:	Gypsumville, MB

École: Little Saskatchewan School

**Sommaire:** The original purpose of this experiment was to determine and compare the change in blood pressure before and after exercise of students and adults. The results of this experiment were that the adults had a higher resting blood pressure reading than the children and both age groups blood pressure had raised after exercise.



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