



## CWSF 2010 - Peterborough, Ontario



## **Leona Traverse**

Gender, Exercise, and Heart Rate

**Division:** International

Category: Junior

**Region:** Manitoba First Nations **City:** Gypsumville, MB

School: Little Saskatchewan School

Abstract: The original purpose of this experiment was to determine and compare the

change in blood pressure before and after exercise of students and adults. The results of this experiment were that the adults had a higher resting blood pressure reading than the children and both age groups blood

pressure had raised after exercise.

## **Biography**

My name is Leona Traverse, and i'm in grade 7. 13 years old, i'm from Little Saskatchewan First Nation. I like listening to music and playing sudoku puzzles. My favorite subject in school is Social Studies & Saulteaux & Science, I like being with my friends and family.





