

CWSF 2005 - Vancouver, British Columbia



Christina Terpstra

Vitamin C in Orange Juice

Division: Health Sciences

Category: Junior

Region: Sudbury

City: Garson, ON

School: Northeastern Elementary School

Abstract: Vitamin C is essential for the formation of healthy connective tissue throughout the human body. Since orange juice is an important source of vitamin C, two experiments were conducted to compare the content of vitamin C in twelve types of orange juices and drinks. The results show that freshly squeezed orange juice has the highest vitamin C content.

Awards	Value
Honourable Mention - Health Sciences - Junior	\$100
Sponsor: Canadian Institutes of Health Research	
Total	\$100