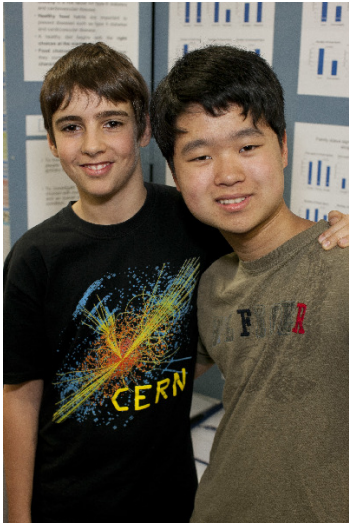


## CWSF 2011 - Toronto, Ontario



### Mark Moon

#### **We are what we eat: Food shopping habits in the Hamilton population**

**Challenge:** Health

**Category:** Junior

**Region:** Bay Area

**City:** Ancaster, ON

**School:** Ancaster Senior P.S.

**Abstract:** Poor food choices can lead to obesity and disease. We investigated the food shopping choices in a population in Hamilton, Ontario, and studied the associations between location of the grocery store, characteristics of the shopper, and foods chosen. Hundred people were randomly interviewed. Our results revealed interesting trends and associations related to demographic characteristics of the shopper.

#### Biography

My name is Mark Moon and I go to Ancaster Senior Public where I am in grade 8. This is my first year entering in the CWSF. Some of my hobbies include playing tennis, basketball, and sailing, which I take at the Royal Hamilton Yacht Club every summer. I also play the violin, in which I'm preparing for my grade 8 violin exam. I am a member of Hamilton Philharmonic Youth Orchestra, which I have been in for 2 years. Recently, I was involved in an exchange program in Rimouski, Quebec where I had a chance to play in their orchestra. For my career, I plan to become a doctor, and to study in McMaster or McGill University.