



## CWSF 2011 - Toronto, Ontario



## **Gordon Minaker**

## **Surviving Out-of-Hospital Cardiac Arrest**

Challenge: Health Category: Senior

**Region:** Central Okanagan **City:** Kelowna, BC

**School:** Mount Boucherie Senior Secondary

Abstract: The incident rate of bystander CPR during a cardiac arrest is known to be

low, potentially contributing to deaths. This study shows that many people trained in CPR have low confidence and misconceptions that may cause hesitation to perform CPR. This suggests that public education is needed to improve the confidence and ability of members of the public to manage a

cardiac arrest effectively.

## **Biography**

My name is Gordon Minaker, I am grade 12 student attending Mount Boucherie Secondary School in Kelowna, BC. I am an avid cyclist and runner who loves to play sports. I have competed on Canada's National Mountain Running Team, and am currently on a high performance cycling team in the Central Okanagan. I enjoy volunteering within my community at the local hospital and with St. John's Ambulance. I was recently licensed under the BC provincial as an Emergency Medical Responder. In 2010, I won the 'Scholastic Athlete of the Year Award,' and hope to continue with sports as I enter my post-secondary education. I plan to attend university and hopefully enter medical school to become a doctor.

Awards	Value
Excellence Award - Senior - Bronze Medal	\$300
Sponsor: Youth Science Canada	
The University of Western Ontario Scholarship	\$1 000
Bronze Medallist - \$1000 Entrance Scholarship	
Sponsor: University of Western Ontario	
University of Ottawa Entrance Scholarship	\$1 000
Senior Bronze Medallist - \$1000 Entrance Scholarship	
Sponsor: University of Ottawa	
Total	\$2 300



