



ESPC 2011 - Toronto (Ontario)



Akshay Ben

Antioxidants: Bouncing to Growth

Défi: Santé **Catégorie:** Junior **Région:** York

Ville: MARKHAM, ON **École:** St. Julia Billiart CES

Sommaire: Release of free radicals during oxidative process in a living cell disrupts cell

growth. Repair of damaged cells or restoring the disrupted cell metabolism is essential for sustained growth and anti-aging. In this study, application of antioxidants-turmeric, blueberry, orange, carrot, spinach with varying ORAC values, eggshell and a composite on green beans illustrate the relation

between plant growth and antioxidant/minerals.

Biographie

I am Akshay Ben, studying in Grade 8 in a York Region School, Markham, Ontario. I am the youngest of three siblings in my family. I am very passionate in my curricular activities especially in science and mathematics. I won academic awards in Grade 5, 6, 7 and expecting the same in Grade 8. I am an active participant in many school activities- Student Council, speech competition, volleyball, speed stacking, chess club, running club, Spelling Bee of Canada, anti bullying and York Region School leadership program. I like playing outdoor sports and is practicing competitive swimming at Markham Aquatic Club. Currently I am studying piano to master it. In addition, I have practiced Karate for the last seven years and got my Karate Black Belt. I like to volunteer to serve the community where I live. When I grow up, my ambition is to become a neurologist.

| Prix | Valeur |
|---|-------------|
| Prix d'excellence - Junior - Médaille de bronze | 300,00\$ |
| Commanditaire: Sciences jeunesse Canada | |
| Bourse d'études de l'Université Western Ontario | 1 000,00 \$ |
| Médaillé de bronze - Bourse de début d'études de 1 000 \$ | |
| Commanditaire: Université Western Ontario | |
| Total | 1 300.00 \$ |



