



## CWSF 2011 - Toronto, Ontario



## **Hanna Marie Longard**

**Aromatherapy: Think Fast!** 

Challenge: Discovery
Category: Intermediate
Region: South Shore
City: Mahone Bay, NS

School: Bayview Community School

**Abstract:** This project studied if grapefruit aromatherapy can improve human reaction

time. Both a control group and a group exposed to aromatherapy were tested. Through a Chi Square statistical analysis it was proven that grapefruit aromatherapy improves human reaction time. This stimulation of

the limbic system through aromatherapy could benefit society and workplaces where employees are required to stay alert and respond

quickly.

## **Biography**

This is my second year attending CWSF and I'm very excited to be back. I really like math, and science. Behavioural Studies and psychology are of interest to me. In my spare time I often read and occasionally write. I enjoy sports, especially cross country skiing. I also run, hike, bike, downhill ski, play basketball, soccer, volleyball, and badminton. This year I'll be in my school drama production for the third year in a row. I love to act! I am part of my school's successful social justice committee and I volunteer in my community often. I enjoy being with all my fun and silly friends.

Awards	Value
Excellence Award - Intermediate - Bronze Medal	\$300
Sponsor: Youth Science Canada	
The University of Western Ontario Scholarship	\$1 000
Bronze Medallist - \$1000 Entrance Scholarship	
Sponsor: University of Western Ontario	
Total	\$1 300



