



CWSF 2005 - Vancouver, British Columbia



Michael Lyon

Breast Feeding and the Biomarkers of Heart Disease

Division: Health Sciences
Category: Intermediate
Region: Bluewater
City: Meaford, ON

School: Georgian Bay Secondary School

Abstract: I designed an experiment to determine if the unique nutritional contents of

breast-milk, compared to formula, would have a beneficial effect on selected biomarkers of atherosclerosis in young adults. I found significant suppression of lipid and inflammatory biomarkers in breast-fed subjects suggesting a long-term protective effect of breast-milk on future heart

disease.

Awards	Value
Petro-Canada Peer Innovation Award - Intermediate - Ontario South	\$200
Sponsor: Petro-Canada	
The University of Western Ontario Scholarship	\$1 500
Silver Medallist - \$1500 Entrance Scholarship	
Sponsor: University of Western Ontario	
Silver Medal - Health Sciences - Intermediate	\$700
Sponsor: Canadian Institutes of Health Research	
Total	\$2 400



