

## CWSF 2012 - Charlottetown, Prince Edward Island



### Aaron Prosper

#### Electrolytes

**Challenge:** Health

**Category:** Intermediate

**Region:** Mi'kma'q First Nation

**City:** Eskasoni, NS

**School:** Eskasoni High School

**Abstract:** My project is about electrolytes and how they affect the body. By taking urine samples I measured the different electrolyte levels in people. These samples helped me to determine what the usual or normal electrolyte levels were for a person. How much they would lose during cardiovascular fitness. And how well things like Gatorade could sustain or at times increase a person's electrolyte level.

#### Biography

My name is Aaron Prosper. I am in grade 10, attending Chief Allison Bernard Memorial High School. Some of my hobbies are playing hockey, running, golfing, playing the piano, going to the gym and reading. I am currently a member of the Cape Breton Tradesmen Hockey Club, which plays in the Nova Scotia Major Midget Hockey League. I am a member and employee of the Lakes golf club and this year I am studying to take a Grade 9 Royal Conservatory piano exam.