



## CWSF 2012 - Charlottetown, Prince Edward Island



## Sarah Sheppard, Alison Schwenk

Soccer and shoes:the un-toe-ld story

Challenge: Health

Category: Intermediate

**Region:** Greater Vancouver **City:** Vancouver, BC

**School:** Prince of Wales Secondary

**Abstract:** Since soccer is the most played sport in the world, we decided to examine

the protection of the foot while playing soccer in different shoes. After making our own kicking simulator we tested each shoe using the simulator

and measuring the amount of pressure forced onto the toe.

## **Biographies**

Sarah - My name is Sarah Sheppard and I am a grade 9 student at Prince of Wales Secondary in Vancouver, B.C. This is my second time attending the Canada Wide Science Fair and I am very excited to be going back. My life is quite busy, but I manage to make time for things that I am passionate about. My favourite extra curriculars sport activities include playing soccer; which lead to this project concept, swimming with my competitive club the Vancouver Vikings, and playing ultimate with my school and the Vancouver Ultimate League. In my spare time, I enjoy volunteering working with and caring for elderly people as well as playing my cello. An interesti...

Alison - My name is Alison Schwenk and I am a grade nine student attending prince of wales mini school. I participated in our school science fair last year and this year chose a project closer to my own interests and was more successful and excited by it. I have been playing soccer my entire life. I also enjoy dancing, baking, running, traveling, volunteering in my community, and the company of my peers. I was inspired to do a project on injury prevention because of my countless injuries as a result of my years playing soccer.

Awards	Value
Excellence Award - Intermediate - Bronze Medal	\$300
Sponsor: Nuclear Waste Management Organization	
Western University Scholarship	\$1 000
Bronze Medallist - \$1000 Entrance Scholarship	
Sponsor: Western University	
Total	\$1 300





