

## CWSF 2005 - Vancouver, British Columbia



### Ashley Andrews

#### Test Anxiety

**Division:** Life Sciences

**Category:** Senior

**Region:** Eastern Newfoundland

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**Abstract:** This experiment determined the effect of evaluation on anxiety levels. The anxiety level is linked with the amount of material that is remembered. The experiment included a memory test, followed by an anxiety questionnaire. This was repeated for 3 stress levels. The effect of stress on memory was not significant. The effect of stressful situations on creating anxiety was significant.