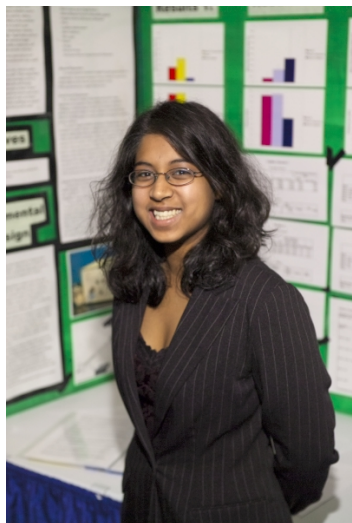


CWSF 2005 - Vancouver, British Columbia



Sheila Parai

Goodbye Mr. Sniffles

Division: Health Sciences

Category: Senior

Region: Eastern Newfoundland

City: St. John's, NL

School: Holy Heart of Mary

Abstract: Nigella sativa seeds are a known herbal remedy for a diverse range of illnesses. While the mechanisms of its effects are largely unknown to scientists, Nigella seed is known to have a potent effect in treating upper respiratory diseases. This project deals with the mucolytic effect of Nigella sativa seeds.

Awards	Value
The University of Western Ontario Scholarship Bronze Medallist - \$1000 Entrance Scholarship Sponsor: University of Western Ontario	\$1 000
Bronze Medal - Health Sciences - Senior Sponsor: Canadian Institutes of Health Research	\$300
Total	\$1 300