

# CWSF 2013 - Lethbridge, Alberta



## Brain Candy: The Influence Of Stimulation On Your Cognitive Brain Function

**Challenge:** Health

**Category:** Junior

**Region:**

**City:** ,

**School:**

**Abstract:** My project is an experiment with the following question; Which stimulation; music, reading, or video games boosts your cognitive thinking and brain function the most. I tested by letting my subjects do one of three activities and then take a test. I tested kids at my school as well as adults and the TELUS Spark Science Center in Calgary, Alberta. Thanks to everyone who helped!

Awards	Value
Excellence Award - Junior - Silver Medal Sponsor: Youth Science Canada	\$300
Western University Scholarship Silver Medallist - \$2000 Entrance Scholarship Sponsor: Western University	\$2 000
Total	\$2 300