

## CWSF 2013 - Lethbridge, Alberta



### Maliki Kattagatsiak

#### Using? Substances & Chester Teens

**Challenge:** Health

**Category:** Intermediate

**Region:** Kivalliq

**City:** Chesterfield Inlet, NU

**School:** Victor Sammurtok

**Abstract:** My project is an attempt to help Teachers and Health Care Professionals develop age appropriate educational materials for teens about substances and their use. Chesterfield Inlet is a small isolated Arctic community with a 95% Inuit population, but its isolation doesn't make it immune to substance use in teenagers. I surveyed all grade 7 to 12 students to find out their thoughts on substances.

#### Biography

My name is Maliki Kattagatsiak and I live in one of the oldest and smallest communities in Nunavut on the west coast of Hudson Bay in the Arctic. Yes, it is cold, Polar Bears wonder into town regularly (but I feel safe ? my Dad is the Conservation Officer), and I have built an iglu (igloo) before. I love to drive snowmobile fast in the winter and ATV's in summer. I am interested in helping Teachers in my community teach students about substances that students may be using. I conducted a survey of all students in grade 7 to 12 to find out at what age they started using substances and therefore at what age teachers should deliver educational programs about substances.

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