

## CWSF 2005 - Vancouver, British Columbia



### Gretchen Derige

#### Colour Me Memory

**Division:** Health Sciences

**Category:** Intermediate

**Region:** Winnipeg Schools

**City:** Winnipeg, MB

**School:** Sisler High School

**Abstract:** How useful is highlighting/adding colour as a memorization technique? Does it help the mind with memorization, or does it distract it? This project tested the effects of highlighting on memorization; specifically, if adding colour to printed text increases the amount of text that is later recalled.