

CWSF 2005 - Vancouver, British Columbia



Daniel Hrabowych, Ethan Saucier

Can Athletic Performance be Enhanced Naturally?

Division: Health Sciences

Category: Intermediate

Region: River East Transcona

City: East St. Paul, MB

School: Robert Andrews School

Abstract: Our project is based on the development of a natural, healthy, and high-energy product to enhance athletic performance. We utilized high water, high sugar content fruit and health food supplements to create our energy product. We tested our product on volunteer athletes from sports requiring similar energy output.