

## CWSF 2005 - Vancouver, British Columbia



### Daniel Hrabowych, Ethan Saucier

#### Can Athletic Performance be Enhanced Naturally?

**Division:** Health Sciences

**Category:** Intermediate

**Region:** River East Transcona

**City:** East St. Paul, MB

**School:** Robert Andrews School

**Abstract:** Our project is based on the development of a natural, healthy, and high-energy product to enhance athletic performance. We utilized high water, high sugar content fruit and health food supplements to create our energy product. We tested our product on volunteer athletes from sports requiring similar energy output.