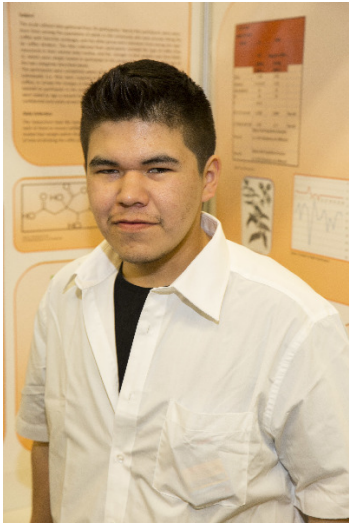


## CWSF 2014 - Windsor, Ontario



### Dylan Harper

#### Coffee: Does Garcinia cambogia Assist in Weight Loss?

**Challenge:** Health

**Category:** Senior

**Region:** Manitoba First Nations

**City:** Red Sucker Lake, MB

**School:** Red Sucker Lake School

**Abstract:** The study aims to investigate if Garcinia Cambogia can assist in weight loss by comparing the weight changes of adults in the community who have been taking coffee with the extract as compared to those taking regular coffee.

#### Biography

Hi, I am Dylan Harper from Red Sucker Lake and I am working on a project with my mentor on whether coffee with Garcinia Cambogia extract will assist in weight loss. We got the idea of testing whether the differences in weight changes were significant after some adults tried on taking this coffee that has been said to help them lose weight. As well, we see this as a good solution to promote awareness about obesity and trying to promote better health to people suffering from various diseases rooting from obesity. Our community has been on of those who had the highest rates of obesity, high blood pressure and diabetes through out the province and we hope to decrease obesed people through this project. For all other students who are planning to do a project, just make sure to be curious, and find something that will be of benefit to your communities.

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