

CWSF 2014 - Windsor, Ontario



Krishshain Nathan

Asafoetida: The Miracle Herb

Challenge: Health

Category: Intermediate

Region: Annapolis Valley

City: Falmouth, NS

School: King's-Edgehill School

Abstract: My project is about the herb Asafoetida. I tested asafoetida with intestinal bacteria and enzymes. It turn out that asafoetida has a moderate antimicrobial effect and greatly increase the effect of both Alpha and Beta-Galactosidase. This results in the elimination of IBS and Lactose intolerance. These two illnesses affect many people across the world and I'm proud to have found an effective cure for both.

Biography

My name is Krishshain Nathan. I am a grade nine honors student. I go to King's Edge-hill School in Windsor, NS. I like to ski, play soccer and rugby. I volunteer at a nursing home every Monday and at a hospital on Saturdays. My hobbies are painting, experimenting and playing video games. My main interest in school is the science of the human body. I am planning to become a surgeon. Last year (2013) I got gold at regionals and I qualified to go to nationals and got bronze. This year I got gold at regionals and best health project and multiple other awards. My inspiration for my project "Asafoetida: The Miracle Herb" came when I found the scientific community has no idea what this powerful digestive herb can do. I have found that this herb can cure many digestive illnesses, that affect people across the world. Further investigations include testing this herb against more dangerous illnesses. The best advice I could give to someone doing a project is never give up, hard work and persistence always pays off.