

CWSF 2015 - Fredericton, New Brunswick



Madison Beck

Physical Activity = Better Concentration

Challenge: Health

Category: Junior

Region: South Shore

City: Lunenburg, NS

School: Bluenose Academy

Abstract: This project is an experiment conducted to help understand the relationship between physical activity and the brain. This experiment looked to see if physical activity increases concentration. Further testing took place to see if age, gender and duration of activity affected the results.

Biography

My name is Madison Beck, I am a grade 8 student at Bluenose Academy. I am athletic, outgoing and spontaneous. I love school and my favourite subjects are math and french. As of right now I am unsure of what I want to be when I am older, although I am positive that I want to attend a university in the USA on a hockey scholarship. My hobbies include sports, music, cooking and painting. My favourite sport is hockey, my position is goalie. One of my most memorable moments in hockey was when I played for the U-15 female hockey team at the Atlantic Challenge Cup in Moncton. All of the Nova Scotia teams won gold for their division, so all of the Nova Scotia teams went on one ice surface to celebrate and yell our team cheer. One of my biggest accomplishments is making a Major Bantam hockey team. I was the only girl in the whole league. Only a few girls have ever played in that league before. My biggest goal is to play on Team Canada's Olympic Team. I'm a young girl with big aspirations.

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