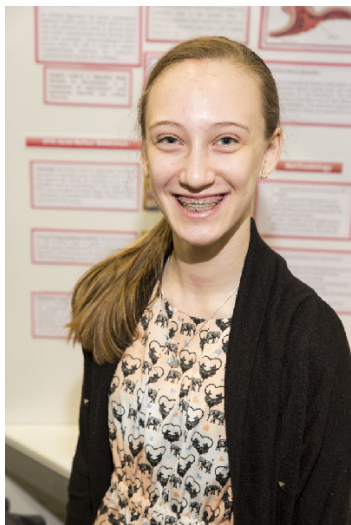


## CWSF 2015 - Fredericton, New Brunswick



### Hannah Young

#### Neutralize Your Thinking

**Challenge:** Health

**Category:** Junior

**Region:** River Valley

**City:** Bathurst, NB

**School:** Superior Middle School

**Abstract:** The main purpose of this experiment is to investigate the use of natural/home remedies versus over-the-counter medications. As heartburn has to do with the acidity levels of the stomach or the pH, this experiment was conducted by testing the pH of different remedies, natural and over-the-counter, to see which ones would be the most effective when battling the low pH environment of an acidic stomach.

#### Biography

I am a 14-year-old girl, who has a passion for dance and academics. My past two summers were spent dancing at the Royal Winnipeg Ballet School and I will attend a ballet program in the United States this summer. When I'm not in ballet class, I devote my time to my schoolwork. I'm particularly interested in Language Arts and Science. I love to express my creativity through writing and poetry. I have two poems published in young writer's books. My greatest aspiration is to become a professional ballet dancer, psychologist, pharmacist or a naturopath. I believe that the sky is the limit, but in order to see results, you must put your full effort into working towards your dream. As I get older, my eyes have really been opened up to how many things in our society have a negative impact on our health. This inspired me to complete an experiment that focused on investigating natural remedies and over-the-counter antacids. My next step would be to hear feedback from people who have tried both natural remedies and synthetic ones and to further my investigation with their opinions. I advise students to learn and educate others about one of their true passions.

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