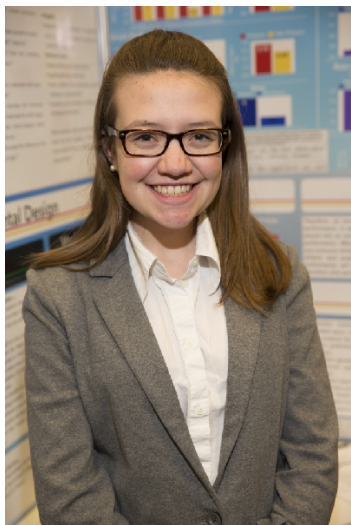


CWSF 2016 - Montreal, Quebec



Juliana Gallas

Under Pressure! An Investigation of Performance Under Perceived Pressure

Challenge: Health

Category: Senior

Region: Renfrew County

City: Petawawa, ON

School: General Panet High School

Abstract: "Under Pressure," is an investigation which examines whether level of performance is affected when one is put in an environment of stress and perceived pressure. This investigation looks at two areas of performance, athletics and academics. Subjects were also studied in two different environments, perceived pressure and perceived pressure-free.

Biography

My name is Juliana Gallas and I am a Grade Twelve student at Valour High School in Petawawa, Ontario. I am involved in my school with Student Council where I organize student activities and promote school spirit and Mathletics where I completed the Euclid Math Contest that was prepared by the University of Waterloo. I also tutor children for math and reading at Kumon, something which I enjoy very much. Academics play a big role in my life, I am very interested in the sciences and mathematics, especially biology, but also thoroughly enjoy World Issues and English. I hope to go to university for a Nursing Program to become a neonatal nurse. I would also like to travel to third-world countries to help provide them with access to health care that is so desperately needed. Having participated in the CWSF held in Charlottetown when I was in grade 8, I am very excited to again have this wonderful opportunity in Montreal this year.