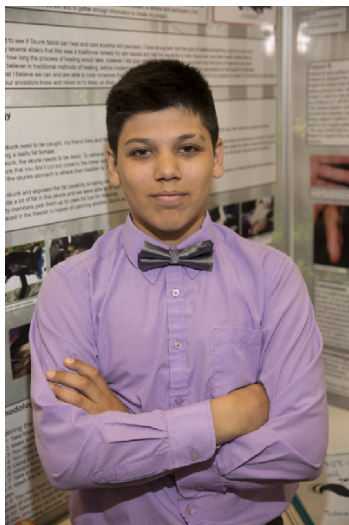


# CWSF 2016 - Montreal, Quebec



## Tobias Commanda-Odjick

### e-Scent-ial Oil

**Challenge:** Health

**Category:** Intermediate

**Region:** Aboriginal Québec Autochtone

**City:** Maniwaki, QC

**School:** Kitigan Zibi Kikinamadinan

**Abstract:** e-SCENT-ial Oil is a project based on traditional Algonquin teaching. By rendering the fat from a skunk I created a oil/ointment to the can be used to cure Eczema and Psoriasis. I am a firm believer that my ancestors were scientists, living off the land and utilizing everything from plants and animals to survive. It is these teachings that I use to create my projects.

### Biography

Tobias Commanda-Odjick is a proud member of the Kitigan Zibi Anishinebeg Algonquin community where he attends Kitigan Zibi Kikinamadinan in the secondary 4 level. At 15 years of age Tobias is passionate about preserving his traditional teachings and use of traditional medicines. By blending today's technologies with traditional teachings Tobias has been able to document and experiment with lost and forgotten teachings of his ancestors. Tobias is an active volunteer in his community, assisting in KZ's annual anti drinking and driving awareness campaign, the "Me 2 We" project and had been a guest speaker for the Idle No More on Parliament hill. Tobias believes in keeping fit and lives a clean and healthy lifestyle. Tobias is very active in sports playing for the Maniwaki Mustangs Midget BB level. Tobias is an active team member of the KZ Monz floor hockey, track and field and cross country running team where he represents his school at the F.N.E.C games annually. Tobias believes in hard work and dedication to his studies this has given him this opportunity to participate in events like the Canada Wide Tobias' advice for all youth is "if you work hard, great things will happen".