



## CWSF 2017 - Regina, Saskatchewan



## **Elesha Wood**

## Stimulation of the Vagus Nerve Through Targeted Temperature Therapy

Challenge: Innovation
Category: Senior
Region: Tri-County
City: Yarmouth, NS

**School:** Yarmouth Consolidated Memorial High School

Abstract: This innovative concept utilizes the body's (Sympathetic) response as the

activation of the targeted temperature therapy, meaning that the user's anxiety triggers the treatment and not the user themselves. This project investigated the combination of a GSR (Galvanic Skin Resistance) sensor and a thermoelectric element cooler to diminish the physical symptoms of

an anxiety attack, and therefore the attack itself.

## Biography

I am a grade 10 student who loves science. I have been in several regional fairs prior to advancing and would encourage everybody else to join in on them. Science is something that is constantly changing, and because of that, we, as humans need to adapt and continue learning. Based on the results from my project, I plan to further investigate the applied uses of colors. For anyone that is thinking about doing a project, my advice would be,yes, do it, you will gain so much knowledge and wisdom. Science fair projects are not just a "school project" they are a chance to develop your scientific ideas and become a valuable addition to the scientific world. Science changes the world, and so can

Awards	Value
Excellence Award - Senior - Bronze Medal	
Sponsor: Youth Science Canada	
University of Ottawa Entrance Scholarship	\$1 000
Senior Bronze Medallist - \$1000 Entrance Scholarship	
Sponsor: University of Ottawa	
Western University Scholarship	\$1 000
Bronze Medallist - \$1000 Entrance Scholarship	
Sponsor: Western University	
Total	\$2 000



