

## CWSF 2006 - Saguenay, Québec



### Rebecca Laird, Rachel Schellenberg

#### Junk Food Energy

**Division:** Physical & Mathematical Sciences

**Category:** Intermediate

**Region:** Saskatchewan Chinook

**City:** Swift Current, SK

**School:** Swift Current Comprehensive High School

**Abstract:** Common junk foods are noted to have negative effects on your health. For our project we compared burn rate of chips and marshmallows, examined the impact of adding Sun chips, Lay's baked and marshmallows separately to two diet types to determine the greatest weight gain and determined the digestibility between 2 brands of chips, 1 brand of marshmallows and a cow's regular diet.