

ESPC 2018 - Ottawa (Ontario)



Destiny Cote, Angeleah Brazeau-Emmerson

Our Personality = Our Life

Défi: Santé

Catégorie: Intermédiaire

Région: Aboriginal Québec Autochtone

Ville: Maniwaki, QC

École: Kitigan Zibi Kikinamadinan

Sommaire: OUR PERSONALITY=OUR LIFE is a very important research project that shares meaningful insight linking two personality types: Feelers & Thinkers to thoughts of self-harm and suicide in youth in our Indigenous community. Our project hopes to enlighten our community and others to this very real and important issue, sharing a very specific story regarding the mental health needs of our home community Kitigan Zibi Anishinabeg.

Biographies

Destiny - My name is Destiny "Kool-Aid" Cote and I am 15 years old and an Anishinabekwe from Kitigan Zibi Anishinabeg. I currently attend the Kitigan Zibi School in the secondary III (grade 9) class. I have many personal interests and passions. I enjoy playing hockey, running and love being on the water paddling. My love for music finds me playing the piano, hand drumming and singing. I enjoy painting and I am a fancy shawl dress dancer who participates in community socials and pow-wows. I love sharing the gifts of my Anishinabe language and culture. Angeleah and my inspiration for our project: MY PERSONALITY = MY LIFE comes from our desire to shar...

Angeleah - I'm Angeleah Brazeau-Emmerson. I'm a proud sixteen-year old Indigenous youth from Kitigan Zibi Anishinabeg. I am currently in grade ten and have been attending my community's school Kitigan Zibi Kiknamadinan, since the beginning. I have always been very dedicated to my academics and strive for the best. For as long as I could recall, I participate in school events such as science fairs and public speaking, because that is where my passions lie. I am also very passionate about my culture, language, traditional jingle-dress dancing, and the arts in general. Moreover, I'm an active community member, volunteering or participating in commu...

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