

CWSF 2006 - Saguenay, Québec



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The Five Second Rule - Is It True?

Division: Life Sciences

Category: Junior

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Abstract: The Five-Second Rule is an urban legend that states "if a piece of food falls on the ground then it will not contract germs (pathogens) if picked up within five seconds". In this study, experiments were done to test this hypothesis. The Five-Second Rule was shown to be not true.