

## CWSF 2006 - Saguenay, Québec



### Taryn Bugar

#### To Smell or Not to Smell

**Division:** Life Sciences

**Category:** Junior

**Region:** York

**City:** Richmond Hill, ON

**School:** Beverley Acres P.S.

**Abstract:** The goal was to test aromatherapy and several common essential oils to find out how it can affect people. Two experiments were conducted: 1) the first indicated that each aroma has a different effect on people's feelings; 2) the second showed that a specific aroma generally improves your work performance.