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Take a Spoonful of Honey and Call Me in the Morning

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Abstract: This experiment was designed to look at the antibacterial effects of Manuka Honey, Canadian organic honey and commercially processed honey against *Staphylococcus epidermis*. The factors contributing to the antibacterial effects of honey are pH, hydrogen peroxide concentration and non-peroxide factors known as inhibines. Manuka honey had the greatest antibacterial effect.