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Nicole Reid

Leaping Leotards

Division: Life Sciences

Category: Junior
Region: Bay Area
City: Dundas, ON
School: St. Augustine E.S.

Abstract: This study compared the biomechanical responses and dancer preference

of landing a grand-jeté on dance floors. The dancers made one or more angle adjustments at the knee or ankle landing on the floor with the greater ground reaction force. All dancers preferred the floor they made the least

adjustments on.



