

CWSF 2007 - Truro, Nova Scotia



Ryan Walker, Ryland Anderson

Meatless for a Month

Division: Life Sciences / None
Category: Senior
Region: Beaufort-Delta
City: Tuktoyaktuk, NT
School: Mangilaluk School
Abstract: For a period of one month we consumed a lacto-vegetarian diet. We did not consume eggs, meat, fish or poultry. To study the results, blood tests were taken twice during the experiment, measuring cholesterol and other blood levels, as well as weight and blood pressure. We found this diet yielded healthier blood and weight levels.

Biographies

Ryan - I was born in Edmonton, Alberta, I lived there for four years of my life. In 1996, my parents, siblings, and I moved to Tuktoyaktuk, NT. Since preschool I have attended Mangilaluk School. I had perfect attendance through out grade one to grade eight. I always kept going to school because my parents and grandparents told me to learn new things. I would like to have anyone of these careers: Lawyer, Crime Scene Investigator, Pilot, or a Politician. Some things I enjoy doing are soccer, running, reading, traveling, hanging with friends, talking with friends over the net, and all together just havin a good time.

Ryland - To Start, my name is Ryland Anderson. I am 16 years old, and am from a small northern community called Tuktoyaktuk in the Northwest Territories. I am attending Mangilaluk School, currently in the 11th grade. I love music, I play the guitar (self-taught). I play a lot of sports, which include Hockey, Basketball, Baseball, Biking, Swimming, Skateboarding (in a town with gravel roads! lol) etc.

Awards

Value

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| Honourable Mention - Health Sciences - Senior Sponsor: Canadian Institutes of Health Research | \$100 |
| Total | \$100 |