

CWSF 2007 - Truro, Nova Scotia



Rebecca Hollett, Avineet Sekhon

Would You Like Omega-3 With That?

Division: Life Sciences / None

Category: Intermediate

Region: Eastern Newfoundland

City: St. John's, NL

School: St. Paul's Jr. H.S.

Abstract: Our objective was to see whether seal oil has the same oxidation levels as other cooking oils. We believed it would. We used four oils; canola, fish, seal and olive oil. We fried fries in different oil mixtures and took samples of the oils at 6 time points. We found the total oxidation levels, and also performed a fatty acid analysis on the fry samples.

Biographies

Rebecca - My name is Rebecca Hollett, but most people know me as Becky. I'm 15 years old currently in grade 9 attending St. Paul's Jr. High School, in St. John's Newfoundland. I am very active with my school being a member of the Sr. Girls Volleyball team, Sr. Girls Soccer team, Show Choir and 8&9 Choir, last year I was awarded the medal for show choir in my school. Outside of school I play organized soccer and hockey. One of my greatest accomplishments was being a member of the Newfoundland girl's hockey team where we traveled to Ontario to compete in a national tournament. We placed second and I was named MVP for one of our games. I also enjo...

Avineet - My name is Avineet Sekhon, and I am a grade nine student at St. Paul's Junior High School in St. John's Newfoundland. I enjoy reading, writing, and playing various sports such as soccer and swimming. I am on my school's Senior Girl's Basketball team, and was also on the Senior Girl's Soccer Team. I am also a member of the Grade Eight and Nine Girl's Choir, as well as the Show Choir. I enjoy playing the tenor saxophone, and I am a member of the Jazz Band and the Symphonic Band at my school. I have been participating in public speaking for the past 6 years, and one of my speeches was published in The Telegram. As science is my favourite subject i...