



## CWSF 2007 - Truro, Nova Scotia



## Brendon Fredrick Vaz, Ryan Sadloo

## **Energy Burst or Energy Thirst**

Division: Life Sciences / None

Category: Senior Region: Toronto

City: Scarborough, ON

**School:** Francis Libermann C.S.S.

Abstract: Energy drinks have gained popularity over the past years, and are indeed

useful in "restoring mental alertness and wakefulness". But what many consumers do not realize is the harm that these flashy canned drinks can cause if not used properly. This experiment explores all these harmful effects and ways to avoid them, promoting the safe use of such synthetic

wonders

## **Biographies**

Brendon Fredrick - My name is Brendon Vaz and i was born in Mumbai, India on the 4th of July 1989. I moved to Canada in August of 2003 and since then, have been studying in Francis Libermann Catholic High School. Althoug. I have a keen interest in aeronautics, sports as well as sciences in general. My favourite sport is soccer. I am part of my school's senior soccer team and i used to help coach soccer at the local Y.M.C.A. This past summer i was involved in the Monarch Project at Morningside Park which aimed at promoting an increase in the monarch butterfly population in the area. My favourite subject of study is probably physics. I plan to persue an education...

Ryan - My name is Ryan Sadloo and I am a 17 year old grade 12 student attending Francis Libermann Catholic High School. My in school activities include: the senior soccer team, table tennis club, math tutoring club, and instrumental music. My extracurricular activities include volunteering at a nursing home Saturday mornings, and every summer for the past 4 years I've coached a team of mixed 12 year old boys and girls the game of soccer. Outside of school and volunteering I spend most of my free time keeping active, either by going to the gym or playing my favourite sports, soccer and hockey. Next year I plan to attend York University and enroll i...





