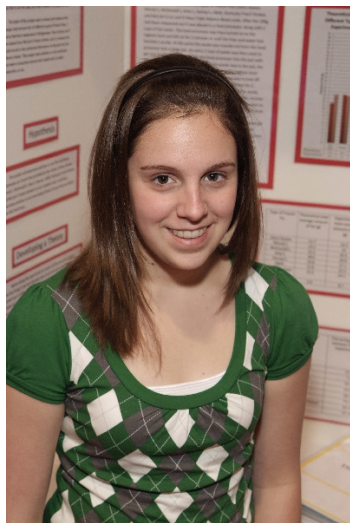


CWSF 2008 - Ottawa, Ontario



Sarah Mack

The Fat In Your Fries

Division: Life Sciences / None

Category: Junior

Region: South Shore

City: Lunenburg, NS

School: Centre Consolidated School

Abstract: For my project I measured the average amount total amount of fat in 8 different types of French fries in order to find out whether or not it is safe to trust the nutritional information the chains I obtained the fries from provide, and found that the difference between the amounts the chain's stated and the amounts my experiment found were quite different.

Biography

My name is Sarah Mack and I am in grade 8 at Centre Consolidated School near Lunenburg, Nova Scotia. For the past 6 years I have been a member of the Lunenburg Mariners swim teams and for the past 5 years I have been a member of West Nova Fuels Tier-2 soccer club. I am also very involved in sports at school doing: cross country, soccer, basketball, track and field. I am also a member of my schools leadership committee. I have always maintained very good grades and last year I ended my school year with a 96.5% average.

Awards

Value

The University of Western Ontario Scholarship Bronze Medallist - \$1000 Entrance Scholarship Sponsor: University of Western Ontario	\$1 000
Bronze Medal - Health Sciences - Junior Sponsor: Canadian Institutes of Health Research	\$300
Total	\$1 300