

## CWSF 2008 - Ottawa, Ontario



### Mariam Mobasher

#### Health Behaviour Among Adolescents in Hamilton, Ontario

**Division:** Life Sciences / None

**Category:** Intermediate

**Region:** Bay Area

**City:** Dundas, ON

**School:** Westdale S.S.

**Abstract:** This study examined health habits among male and female adolescents. A health survey was created and completed by 345 high school students in Hamilton, Ontario. The results showed a significant difference between males and females on several variables, including perception of eating habits, and exercise. Several variables showed significant correlations. Gender differences should be considered when trying to improve health among adolescents.

#### Biography

Mariam Mobasher was born on January 2nd, 1993. Mariam is currently attending grade 10 at Westdale Secondary School in Hamilton, Ontario. Mariam has many hobbies. She loves languages, music, swimming, and reading. She plays the violin and piano. She is a member of the Hamilton Philharmonic Youth Orchestra, and the Westdale Secondary School Orchestra. She represented Westdale Secondary School in the Southern Ontario Model United Nations Assembly 2007-2008.